

For those of you who like lists (...me 🙋) here's a list of all the stuff!

Before class meets:

- Put **all class dates** on your calendar, and reserve that time & place for yourself.
- Make an email folder for this class.** I'll be sending information, links, and references along the way. **#greatstuff** I've found that sending more emails that are shorter and simpler make it easier for people to organize the information.
- Please put **MeredithColby@icloud.com** in your address book. I'll be sending emails to the class and they'll end up in your "junk" folder if I'm not in your contacts.
- My mobile number is 1-847-863-5444 if something urgent comes up.
- Update and optimize your Zoom settings.
- Fill out the intake questionnaire.**
- If we haven't already had a chance to chat, schedule your 20-minute kibbitz with me 😊 **Use THIS LINK** to schedule that.

- “Friend” me on Facebook (if we’re not already).
 - There’s a group page for Neuro-Vocal Certification that you should join!
- If you did not include it in the intake questions, please send me your mailing address.
- Take the Introduction to Neuro-Vocal Method on the Teachable site. The address is MoneyNotes.Teachable.com and the code is **FREE**
- Download your free [Money Notes ebook](#).

If you like paper...

- Print out the [class syllabus](#).
- Print out [the glossary](#).

Once the class starts:

- Make time to read sections of the book *Money Notes*. It’s an easy read, and can be read a bit at a time.
- I’ll be sending you links to the videos we’ll use in class (on those video days) and you’ll get more out of the modules if you’re watching the video for the second time in class. Take 12 mins (or less) to watch the video prior to class.

- Schedule your private sessions with me. You can feel free to schedule several ahead if that's how you roll. [Use this link to schedule.](#) (You'll get this link in every class recap email.)
- Check the Facebook group regularly.

Other stuff:

This is a quiz-free class (cuz brains...) but you do have to meet some criteria in order to be certified. The requirements are:

- Attend, live & in person, 14 of the 16 classes. (The classes you miss will be available via zoom recording.)
- Attend 3 of the 4 peer coaching workshops.
- Have at least 6 out the your 8 private coaching sessions with me (to be concluded within 2 weeks of the last class).
- Submit for review a 30-minute video of you teaching with NVM principles.

If you have questions between classes, please feel free to reach out to me via email. If email is not a format that works for you, please let me know so we can communicate in a good way.